

## Personal Social and Health, Religious Education and Citizenship

Dean Trust Ardwick is dedicated to providing religious, PSHE (personal, social and health) and citizenship education across all year groups. PSHE also includes aspects of RSE, relationship and sex education. The Department for Education has recognised the importance of these topics and has made them compulsory as of September 2019.

PSHE lessons are influenced by the IMatter programme which has been created by Manchester Council and the NHS to ensure a relevant and bespoke curriculum for pupils in Greater Manchester. Citizenship lessons cover the statutory advice from the Department for Education. Both curriculums also form part of the DTA safeguarding provision. Religious studies follows the statutory advice from the Manchester Standing Advisory Council on Religious Education (SACRE)

The range of skills and knowledge within these subjects is designed to equip our pupils for life within our school community and enhance their options and outcomes in the future. Each term will focus on one of the three subjects.

### **Year 7**

The IMatter programme is split in to 5 topics: wellbeing, internet safety, healthy relationships, sexual health and current issues. In Year 7, pupils will explore self-esteem, cyberbullying, healthy friendships, puberty, forced marriage and honour based violence.

Citizenship lessons will fall under the four British Values: democracy, rule of law, respect and tolerance, and individual liberty. Within these pupils will explore the British voting system, the role of the police, community life, and human rights.

RE will explore and compare one Eastern faith and one Abrahamic faith. In Year 7 this will be Hinduism and Judaism. Pupils will look at each story of creation, important festivals, and personal beliefs and find contrasts and similarities between the two faiths.

### **Year 8**

The five core topics within IMatter remain but their content develops each year to ensure it is age appropriate. In Year 8 pupils will explore assertiveness, online pressures, consent, pregnancy options and female genital mutilation. The final topic involves a workshop with the charity NESTAC which provides the most up-to-date and professional approach to this sensitive subject.

Year 8s will build on the knowledge of the British Values in Citizenship and learn about different systems of government around the world, the rights of the police and the rights of young offenders, the benefits of volunteering and the importance of freedom of speech.

Pupils will continue to compare similarities and differences between Eastern and Abrahamic religions through studying Buddhism and Christianity. This year has a specific focus on life after death and what it means to live a 'good life'.

## **Year 9**

Within PSHE, pupils will explore mental health (alongside the school acknowledging Mental Health Awareness Day on 10<sup>th</sup> October), the consequences of sexting, the difference between gender and sexuality, the importance of contraception, and the traps of child exploitation. All topics provide pupils with the numbers and websites of charities and agencies they can access for more help and advice.

Citizenship aims to develop their political understanding further by exploring the political spectrum and the range of parties from around the world and from history. They will understand the dangers of drug abuse and how British Law is used to discourage the misuse of drugs. Pupils will be taught what consumer rights they have and understanding the range of consequences diversity can have on a community.

Religious Education will now look at Islam and Sikhism, specifically focusing on peace and conflict. Pupils will look at current and historical events and explore religious texts that support peaceful interactions across religions.