



NEWSLETTER

Headteacher's Message

Dear Parents and Carers,

I would like to just say 'hello' and keep you up to date with our school news. It is all very strange for everyone, finding ourselves having to live, work and communicate differently during this challenging period, and we all have to find our way... together.

Most importantly, I hope you and your families are keeping safe and well. I know the restrictions upon us can present many challenges, especially if you have young children to occupy or teenagers who may be desperate to go out! This is where technology can really play its part to ensure we can all keep in touch with our loved ones and do our bit to help stamp out the virus by staying indoors. It is also a time when we can really prove that pupils, parents and staff at Dean Trust Ardwick are a fantastic team who work very well together.

I know that staff have been busy over the last two weeks contacting all parents and carers in every year group to see how pupils are doing at home, and checking they are able to complete the work set by teachers in every subject. I do hope you felt the calls were beneficial. We shall resume the phone contact after the Easter break.

As you will know, the school is open to pupils who fall into the categories outlined by the Department for Education. The school is also open to those pupils during Easter, and many staff have volunteered to come into school during this fortnight to supervise. That's because our staff are fully committed to doing the best for pupils and families at school. We hope that all pupils at home are getting used to a new routine which should include a good balance of schoolwork and relaxation. Routine is very important, and of course, is what they are used to at school!

I hope that you are able to access the letters to parents and carers on the school website which are from Mr Kapur, CEO. These letters are to help you keep up to date with what we are doing as a Trust and to provide you with any important information you need to know. I urge you to visit the website regularly to read these letters and follow any links to website pages they provide.

Please do not hesitate to contact us if you have a concern or a query. There will be a member of staff on reception each day during the Easter break.

Although it is a very short newsletter, I hope you enjoy reading this week's edition and can take something from it for you and your family.

Stay safe and stay healthy.

With very best wishes

Ms S. Finlay



Ms S. Finlay
Headteacher

Please adhere to government guidance regarding COVID-19.
Look after yourself and others, we all need to support each other during this difficult time.

Celebrating pupils' outstanding home working!

To recognise the effort that pupils are putting into their home learning, we have launched a 'Dean Trust Ardwick Proud to Belong' Google classroom. Pupils can upload images or pieces of work they are extremely proud of completing with a brief statement on why. Pupils can expect to receive praise postcards and have their fantastic work showcased on our school Twitter feed and weekly newsletter. **Pupils who wish to take part can access the Google Classroom via the code: a5lnx44.** We look forward to receiving your examples and displaying them to the school community.

☰ DTA Proud to Belong - Work Showcase Stream Classwork People

DTA Proud to Belong - Work Showcase

Class Code: a5lnx44



Updated handwashing advice from the government's response to coronavirus (COVID-19).

The most important thing individuals can do to protect themselves is to wash their hands more often. Soap and water and regular handwashing for at least 20 seconds is the best way of staying safe. Hand washing with soap employs mechanical action that loosens bacteria and viruses from the skin, rinsing them into the drain. Drying hands afterwards makes the skin less hospitable to the virus. Hand sanitiser can be effective if soap is not available or the situation makes using soap less feasible (i.e. when outside) but using hand sanitiser provides none of the virus-destroying friction that rubbing your hands together and rinsing with water provides.

A video on hand washing can be found at: www.youtube.com/watch?v=bQCP7waTRWU&feature=youtu.be

The e-Bug project is led by Public Health England and has a dedicated webpage for learning resources on hand washing and respiratory hygiene.

Resources are currently available for KS1, KS2 and KS3 and can be used in various settings including schools and at home: e-bug.eu/

Technology: Pupils have gone above and beyond in their home working!

Well done to all pupils who have been logging onto the Google Classroom and completing the technology work set by their class teachers. Week 1 focuses on Hospitality and Catering and below we have some excellent examples of work from Jameilia and Moyosoreoluwa. Work from week 2 focuses on materials. Please ensure that pupils carefully read the instructions from Mr Burns when completing the tasks. We look forward to providing feedback on pupils' submissions.

Food safety is properly handling, preparing and storing food to prevent foodborne illness.



Food hygiene is properly chilling cooking and cleaning food to avoid the spread of bacteria.



Personal Hygiene is having good personal hygiene to prevent cross contamination and foodborne illness.



Food Safety is the practice of properly handling, preparing and storing food in ways that prevent food-borne illness.

12°C all Bacteria killed

Ensure food is cooked to the correct temperature

100°C boiling point of water

5°C - 63°C danger zone

75°C for 2 mins

0°C - 5°C fridge temperature

Any spills should be cleaned/mopped -18°C freezer temperature

All cupboards and drawers are closed

Food Safety and food hygiene

Ensure food isn't unattended when cooking

Washes must be stored safely

Should be items in and out

spaces between stored foods

wear an oven glove when placing

cheese and dairy on top shelf

raw meats, poultry, fish on middle shelf

cooked meats on bottom shelf

Salads and fruits in box or drawer

Dirty Dishcloths spread bacteria

Food needs to be protected from moisture and bacteria

Separate raw and cooked food

Clean during in a refrigerator

What to do when working in a kitchen (leaflet).

What not to do when working in a kitchen:

- Don't leave food unattended.
- Don't cook food to a low temperature.
- Forget to wear oven gloves.
- Not cleaning up your spills.
- Forget to return equipment back to your teacher.



If you do these things you could prevent cross contamination:

- Use the right cutting boards.
- Make sure food doesn't come in contact with surfaces.
- Make sure your washing the equipment uses thoroughly. (As well as your hands).
- Don't touch other peoples food.

Moyosoreoluwa

Jameilia

Subject Easter Egg Designs!

To get into the Easter spirit we are running a Dean Trust Ardwick Easter Egg competition where pupils are tasked to design an egg based on topics they have learnt about within any chosen subject at school. Pupils have until Monday 13th April, 12pm to submit their entry. The only rule is that the eggs **must** be linked to a topic that pupils have studied or are studying. Prizes will be awarded for the most creative and inventive designs. **Pupils should submit their entries, including their full name and form, to the Google classroom: brvnx6.** We are egg-cited to see your egg-cellent entries!



1. Wordsearch

Can you find the last 10 Manchester United club captains in our wordsearch?

M A G U I R E A N Y
N C G H E Z I Z E I
S W A N U C A C V D
S E A R N O A O I I
T E C E R N Y M L C
K P L F T I J K V Y
E A N O O U X K E D
V T N J Z O M K I T
I A R O O N E Y I U
O O B R U C E N X M

MAGUIRE
YOUNG
VALENCIA
CARRICK
ROONEY

VIDIC
NEVILLE
KEANE
CANTONA
BRUCE

Fun fact
These captaincy hats made 2,560 appearances for Manchester United between 1980 and 2019.

2. Around the world

Can you find the countries these players grew up in? The countries they are from on the map?

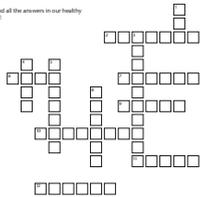
- 1. SCOTT MCTOMINAY
- 2. VICTOR LINDELOF
- 3. PAUL POGBA
- 4. HARRY MAGUIRE
- 5. BRUNO FERNANDES
- JUAN MATA
Spain
- 6. DANIEL JAMES



3. Crossword

It's very important to eat healthy food and lead a healthy lifestyle, whether you're a footballer or a school pupil!

See if you can find all the answers in our healthy living crossword!



ACROSS

2. Eating lots of fruit and vegetables helps children to grow well... (7)
4. You should have... something of fruit and vegetable every day! (7)
7. Eating too much sugary food and spending too much time in front of the television is dangerous for your... (6)
8. The best drink to quench your thirst with is... (2)
10. 60 minutes of... activity a day is recommended! (8)
11. Fruit juice can contain high amounts of... (2)
12. Snacks such as chips, sweets and chocolate can cause children to gain too many... (5)

DOWN

1. Children and young people should spend no more than... hours a day watching TV and playing on the computer! (8)
3. Healthy snacks should contain... fruit and... (7)
4. A nutritious drink that is high in calcium is... (6)
5. It is important to lead a... lifestyle! (7)
6. One way to lead a healthy lifestyle is to watch all the news and get... (5)

4. Football shirt fun

Can you do the maths using the shirt numbers of the following Manchester United players?

DEBIA 1 + BROWN 22 = []

JONES 4 x SALO 20 = []

BARNFORD 10 + ALEXANDER 18 = []

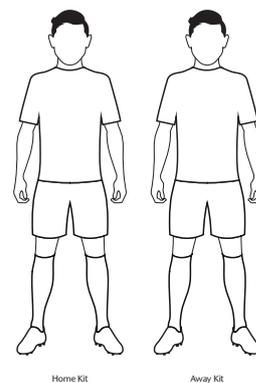
GREENWOOD - MARTIAL 9 = []

JAMES 21 x BAILY 3 = []

PRO 17

5. Design your own kit

Design your own Home and Away kits and football boots.



Manchester United Foundation

During these difficult times, Manchester United Foundation is committed to supporting the young people and schools that we work with. Following the government guidelines of staying home, we have developed fun and creative worksheets that incorporate educational themes such as healthy eating, maths and geography. The links are below, please feel free to share these with staff, students or include them on your portals/websites etc. There will be a new worksheet and challenge each week, which we will continue to distribute, we are also in the process of setting up a webpage to house all the worksheets.

Running alongside this, our Foundation social media channels will continue to share engaging and inspiring content. There will also be two videos per week where coaches from across our projects will share fun challenges, skills or advice, so if the school isn't already, please follow us to benefit from those resources. We also plan on housing those videos on the webpage too.

For reference our social channels are below:

Twitter @MU_Foundation

Facebook @manchesterunitedfoundation

Instagram @manchesterunitedfoundation

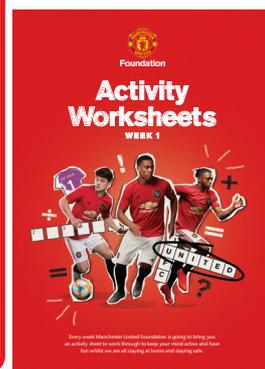
Please see the links below for this week's worksheet and challenge:

Activity worksheet: bit.ly/2URr9Yy

Activity challenge: bit.ly/3bQsYvo



Foundation



Home baking!

In addition to the excellent theory work produced at Key Stage 3, some pupils have been busy keeping their practical skills up to date. Here is a brilliant chocolate cake produced by Kiera in Year 10! Well done and keep up the hard work!



Edit date: 29/05/19



Snapchat is a photo sharing app for mobile phones and tablets. The app allows users to share images, videos and chat with friends through voice call or text message. Users can share images and videos directly to specific friends, or through a 'story' shared with their entire friend list, which documents the previous 24 hours. In a study, Snapchat was ranked the 4th most negative app in terms of having an impact on young people's health and wellbeing, with children feeling that they can use the app Snapchat to "make you look pretty."



What parents need to know about SNAPCHAT

EXPOSING YOUR CHILD'S EXACT LOCATION

The 'Snap Map' lets you share your EXACT location in real-time through a map on the app. The user's location updates when the app has been opened on the device. There is a warning on the Snapchat website about uploading images and videos to 'Our Story' stating that "snaps you submit to 'Our Story' can still show up on the Map, no matter which location setting you choose!" When uploading to 'Our Story', your child's image or video could appear in "Search results and Stories on or off Snapchat - today or in the future."

ADDICTIVE SNAPSTREAKS

'Snap Streaks' are gained when snaps have been sent back and forth consecutively between friends. The longer that snaps are sent between users, the longer the streak becomes. Furthermore, Snapchat rewards users who have achieved high Snap Streaks, by gifting emojis, adding incentives for users to keep the streaks. Children invest time into making their streaks as long as possible, which can put an incredible amount of pressure on both themselves and their friendships.

SEXTING

While Snapchat's gimmick is that all photos, videos and text disappear eventually, users still have the capability to screenshot or record anything which has been sent to them. Users may sometimes forget that screenshotting is possible and send a compromising image or message to somebody who they think they trust. Due to 'Snaps' disappearing, (users can even send a one-second photo or video), Snapchat has become the chosen platform for children and young people to send sexually explicit images or 'selfies'. Once a photo/video has been screenshotted, or recorded using another device or software, this can lead to further dangers, such as blackmail and cyberbullying.

It is illegal to make, possess, download, store and share sexual images, photos and videos of a person under the age of 18. This also includes any sexual images, photos and videos that a child may have taken of themselves. However, if a young person is found creating or sharing images, the police can choose to record that a crime has been committed, but taking formal action isn't in the public interest.



EXTRAS TO MAKE YOU STAY

Aside from taking photos and videos, Snapchat has other elements to keep users coming back for more. 'Snap Games' is a feature within the app where users can play minigames with others on their friends list. The games function is easily accessed by tapping on the rocket button during a conversation. Another feature on the app is 'Snap Originals', which allows users to watch content created by Snapchat, celebrities and other accounts, including a mixture of comedy shows, drama, news and more. These features are designed to encourage users to stay on the app, which may be quite addictive.

DAMAGE TO CONFIDENCE

Snapchat's selection of filters and lenses are seen as a great way to enhance your 'selfie game'. Although the filters are often created to promote entertainment and humour, using the 'beatify' filters on photos can set unrealistic expectations and create feelings of inadequacy. Children may strive for admiration and appreciation by sending these 'edited' photos to their friend list. Judging themselves against other users on the app might threaten their confidence or self-worth.



Top Tips for Parents



THE RISKS OF SEXTING

It can be slightly awkward talking about this topic with your child, but if it helps them protect themselves, it is worth it. Talk to them about the consequences of sexting and make sure that they're aware of the risks. Ensure your child knows that 'Snaps' can be screenshotted. Teach them that if they post anything potentially embarrassing or harmful (either of themselves or someone else) it can have severe consequences as the message, image or video can be shared further.

REPORTING A STORY, LENS, FILTER, SNAP OR MESSAGE

If your child comes across inappropriate Snapchat content sent directly to them or in another person's story, advise them to report it immediately. This may include an inappropriate lens, filter, message or snap. To report an offensive lens, they should open the app and select the lens they want to report. An info button will appear above the lens. Click this, followed by the flag icon. This will send a report to Snapchat for further investigation. Reports can also be made on the Snapchat support website: support.snapchat.com.

* # ~ @ \$

USE 'GHOST MODE'

We highly recommend enabling 'Ghost Mode' on the app so that your child's location will no longer be visible to anyone on the 'Snap Map'. To enable this, go onto the Snap Map and tap the cog in the top-right corner. Here, change the setting to 'Ghost Mode'.

HOW TO DELETE A MESSAGE

Advise your child never to send any negative messages (or images through gallery in the chat on the app) as screenshots can still be taken. You should also advise your child to screenshot any negative comments they receive as the sender can also delete them. To delete a message, simply press and hold the sent message and press delete.

TURN OFF 'QUICK ADD'

'Quick Add' helps friends find each other on the app. This is based on mutual friends or if their number is in their phone book. Explain to your child that this feature can open up their profile to strangers. We highly recommend that your child turns off the 'Quick Add' feature. This can be done in the settings.

RESTRICT STORY VIEWS

Your child can add videos and images to their 'Story' throughout the day which will last for 24 hours. By default, anyone in a user's friends list can see their story. We recommend checking the privacy settings to ensure that this has not been edited. This can simply be done in the app's settings under the 'Who Can View My Story' section. The options to choose from are 'My Friends', 'Everyone' or 'Custom' - we suggest that it is set to 'My Friends'.

