



29<sup>th</sup> June 2020

Dear Parents and Carers,

**RE: Relationship, Sex and Health Education parent consultation**

As of September 2020, a new Relationship, Sex and Health Education curriculum will be made mandatory by the Department for Education. Dean Trust Ardwick has always understood the importance of such a curriculum in safeguarding your child in a rapidly changing society, and ensuring they are equipped to develop healthy and happy relationships with those around them. RSHE prepares your child for physical, emotional and mental changes they will experience as they grow up and teaches them how to help themselves, and others

Our present curriculum is delivered through PSHE and Citizenship lessons during Term 1 as well as Personal Development sessions during form time with Form Tutors. The science curriculum also provides biological elements of Sex Education. Outside of the classroom, some topics are covered through assemblies and outside agencies providing workshops and seminars. PSHE follows the IMatter programme which has been created by Manchester Healthy Schools, a collaboration between Manchester Council and the NHS. The current RSHE curriculum across the Key Stages are as follows:

Year 7	Year 8	Year 9	Year 10	Year 11
<ul style="list-style-type: none"> <li>• Self Esteem</li> <li>• Cyberbullying</li> <li>• Healthy relationships</li> <li>• Puberty</li> <li>• Forced Marriage &amp; HBV</li> </ul>	<ul style="list-style-type: none"> <li>• Assertiveness</li> <li>• Online Pressures</li> <li>• Consent</li> <li>• Pregnancy Options</li> <li>• FGM</li> </ul>	<ul style="list-style-type: none"> <li>• Emotional Health</li> <li>• Sexting</li> <li>• Gender and Sexuality</li> <li>• Contraception</li> <li>• Child Exploitation</li> </ul>	<ul style="list-style-type: none"> <li>• Mental Health</li> <li>• Gender and the Media</li> <li>• Relationship Abuse</li> <li>• Reasons for Sex</li> <li>• Grooming</li> </ul>	<ul style="list-style-type: none"> <li>• Depression and Anxiety</li> <li>• Dangers of Pornography</li> <li>• Sexual Consent and the Law</li> <li>• Readiness for sex</li> <li>• Extremism and online propaganda</li> </ul>

Government legislation now indicates the following areas must be covered by the end of your child's secondary education:

Relationship and Sex Education	Health Education
<ul style="list-style-type: none"> <li>• Families</li> <li>• Respectful relationships including friendships</li> <li>• Online media</li> <li>• Being safe</li> <li>• Intimate and sexual relationships, including sexual health</li> </ul>	<ul style="list-style-type: none"> <li>• Mental wellbeing</li> <li>• Internet safety and harms</li> <li>• Physical health and fitness</li> <li>• Healthy eating</li> <li>• Drugs, alcohol and tobacco</li> <li>• Health and prevention</li> <li>• Basic first aid</li> <li>• Changing adolescent body</li> </ul>

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**DEAN TRUST Ardwick**

Chief Executive: Mr Tarun Kapur CBE  
Headteacher: Ms Suzanne Finlay B.Ed NPQH

As you can see, our current curriculum is already in line with the new government Relationship, Sex and Health Education. From September 2020, we will now be including more Health Education and will continue to be flexible in including current issues that may arise that are relevant to the pupils. We will also continue to ensure all content and delivery is age appropriate which allows all pupils to be educated and informed at the same level as their peers.

**Statutory Relationship, Sex and Health Education now means that it is compulsory in all secondary schools.** Parents can withdraw from Sex Education but not Relationship Education. They can request withdrawal from some or all of sex education within PSHE lessons, but not from Science lessons, and can do so up to and until three terms before the child turns 16 at which point it will be up to the child to choose whether they want full access to Sex Education.

We are now providing a period of time where, as a parent, you can ask a question about what we intend to deliver if you so wish. As the school is partially closed we have therefore provided an opportunity for parents to ask a question via email at [admin@deantrustardwick.co.uk](mailto:admin@deantrustardwick.co.uk). The question must be posted within the following consultation time frame of: 3<sup>rd</sup> July 2020 to 10<sup>th</sup> July 2020. Any questions after this time will not be responded to.

Our RSHE policy will be available on our school website from September 2020.

Yours sincerely

*L Hardman*

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