



NEWSLETTER

Headteacher's Message

Dear Parents and Carers,

We finally reach the last week of a very strange and different year. By now we would normally be sharing with you our news of the Year 6 transition events and awards evening, and we would be looking forward to our end of year rewards trips and sports day this week. However, sadly that is not the case this year, but we are holding a transition event for our Year 6 pupils with SEND this week, which is exciting.

We shall instead be looking forward to the return of all school pupils in September and we shall write to you later this week regarding your child's return to school. New government guidance expects all pupils to return to school in September.

With that in mind, please take note of the text we have sent you regarding travelling abroad this summer. We do ask that you carefully consider your holiday destination if you intend to travel. Please follow the government guidance on travelling on this link:

www.gov.uk/government/publications/coronavirus-covid-19-how-to-self-isolate-when-you-travel-to-the-uk/coronavirus-covid-19-how-to-self-isolate-when-you-travel-to-the-uk

School will discontinue daily provision over the summer break for pupils of key workers and identified vulnerable pupils. There will be activities for Year 6 pupils starting in September in week 5 of our summer holidays.

We also look forward to our GCSE results day on 20th August when we can celebrate the results with our Year 11 pupils.

Before we break for summer, you shall be receiving your child's end of year school report by email (or of course through our Gateway App which is preferable).

Thank you for your wonderful support and commitment to the school during these difficult months. You are an amazing group of parents and carers, and I feel humbled to be your child's Headteacher and to help serve your community.

With all best wishes for a restful and safe summer break.

In the meantime, enjoy this week's articles.

With best wishes,

Ms S. Finlay



Ms S. Finlay
Headteacher

We would like your feedback.

We would like to hear about your experience of working alongside the school during the last few months. Please can you complete the parent voice survey from the link attached. The survey is very short and will only take a few minutes to complete. Thank you.

docs.google.com/forms/d/1ES6hwjmcgIPZDH6xLy-C2gqADbrRsHnBxg8QLYgXNbo/edit#responses



Dean Trust Ardwick @DT_Ardwick · July 03

Follow our Twitter account for regular school updates, photographs, newsletters and more! We recently posted wonderful examples of outstanding home learning. Click here to be linked to our Twitter account, or visit: twitter.com/DT_Ardwick. Don't forget to follow us for regular updates!



Schoolgateway

Please download the app now to enable you to receive important information about your child.

The app provides you with information on:

- Your child's attendance
- Timetables
- Clubs
- Detention
- Events and trips
- School news
- Links to our website

What you need to do

Download the app: If you have a smart phone, please download 'School Gateway' from your app store (Android and iPhone). The app shows the same information as the website. This will also help us when we send you messages either individually or as part of a group of parents.

Sign up: Only use the same email address and your priority mobile number that you have provided to the school on your admissions form. Click on 'New User' and fill in the information. You will receive a text message with a PIN number. Use this PIN to login to School Gateway.

If you can't activate your account

If you are having trouble logging in, it may be because the school doesn't have your current email and mobile phone number on record. Please call us on 0161 972 2988 and we'll update your details on our system.



Health and Well-being: RSE New Curriculum Parental Consultation

As of September 2020, there will be new parts added to our 'Personal Development Curriculum', with the inclusion of relationships, sex, and health education. For more information on this please see the parental letter here:

[RE: Relationship, Sex and Health Education Parent Consultation.](#)

Also, we are holding a parental consultation on the new curriculum areas. This will be an opportunity for parents to ask any questions regarding the content that your child will be taught.



Support Available: Food and Uniforms

Previously, we have mentioned the support services on offer to our families who need it most. These services are still in place; we can also direct you to local services for support. We are continuing to offer food parcels, to top up school meals. Due to an incredibly kind donation from the Manchester United Foundation, we can support families in need, to purchase school uniform. If you require support, please contact school before the end of the Summer term and ask to speak to a member of the welfare team. We look forward to speaking to you.



Contact With Parents and Carers

Heads of Year have been inviting pupils and parents in for a catch up, on how things are during this tricky time. It has been lovely to see so many of you face-to-face, although socially distanced. We are trying our best to contact as many families as possible before the end of the summer term. Our weekly catch up calls will also continue until the end of term, so please continue to raise any concerns that you may have. We thank you for your continued support.

We have 12 World Millionaires!

With over 17.7 million words collectively read, these pupils have smashed their accelerated reader targets and become word millionaires. Each pupil has read over 1 million words this year! This is an incredible achievement and the English faculty are extremely proud!



Simone	Mohamed
Natalie	Zara
Daniel	Daima
Shad	Sehar
Mawaheb	Ismail
Moyosoreoluwa	Joshua

Congratulations

You all read over 1,000,000 words this year! What a great achievement!



@DT_Ardwick

Preparation for School Return

When returning to school in September, it will be vital that pupils have returned to good sleeping habits. We have found that a lot of the recently returned Year 10 pupils have been going to bed extremely late. Lack of good sleep negatively affects pupil's ability to concentrate and therefore learn. In the week before school starts, we ask that you encourage your children to go to bed early and get up early. Good habits also include a healthy breakfast before mentally preparing for the day ahead. Many pupils will not have been in school for almost 6 months, so we ask for your support in guiding pupils to develop good habits.

Returning to School: Information Video

Remember to watch our return to school video, posted on our website and Twitter! It includes lots of information on how school will run, and look, on your return. Please access the video on our website here:

www.deantrustardwick.co.uk/coronavirus-information-updates-for-parents-carers

Coronavirus Information Updates for Parents/Carers

Home / Coronavirus Information Updates for Parents/Carers

Dates for your Diary

[View all](#)

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Key Stage 3 Exams and Year 10 Mocks

Technology

In technology, pupils have been creating outstanding practical and theory work. Below are some examples of the recipes, menus, and signs that pupils have been creating. We also have 17 pupils who produced gold star standard work, well done!

Home learning feedback – Celebration challenge

Work to celebrate

- Well done to:
- Kasim
- Saima
- Maaha
- Lionel
- Moyosoreoluwa
- Tasnim
- Ronica
- Anusha
- Azka
- Elizabeth
- Joshua
- Jannat
- Jaslyn
- Nicole
- Rihan
- Prezwant
- Zubedha

This week everyone named gets a gold star. There were some amazing pieces of work. Well done!

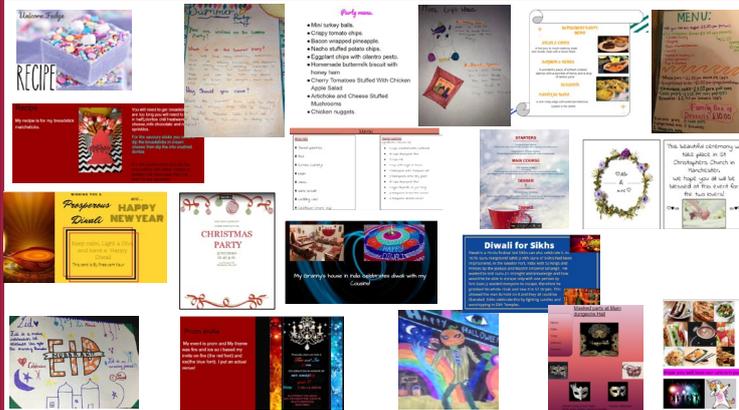
You have all produced some fantastic pieces of work over the last couple of weeks. There are a lot of brilliant examples for the celebration event challenge. We love seeing the menu and the recipe ideas!

Areas to improve

- All of the examples we have picked out were creative and interesting. You have really thought about your work and how you have completed the challenge.
- Y9 have not completed enough work; Year 7 are leading the way so far!
- We need to see some further developed ideas and more information on some of your pages. Make them interesting and make them stand out. Put in some effort and show us how you can achieve.
- Anyone in Y9 who has chosen DT for their options needs to make sure they have completed Miss Green's work in preparation for you starting in Y10.

Challenge yourself

- How can you show off your skills? Have you used pens or coloured pencils to add some creative colour to your ideas? Are you able to add more information or a developed design idea onto the page that you are handing in?
- Make sure you take a photo with your phone or tablet (or even your computer if you can) and upload this onto google classroom for us to see.
- Make sure you engage with the tasks that we set and that you continue to complete your Design Technology work. We are still here supporting you ☺



This beautiful ceremony will take place in St Christophers Church in Manchester. We hope you all will be blessed at this event for the two lovers!



Guidance

Coronavirus (COVID-19): support for parents and carers to keep children safe online

Department for Education: Updated advice and guidance for parents and carers...

With the Home Office and the Department for Culture, Media and Sport, the Department for Education have updated advice and guidance to help parents and carers to keep children safe online during the coronavirus (COVID-19) outbreak to include new information on apps to help children stay safe online.

www.gov.uk/government/publications/coronavirus-covid-19-keeping-children-safe-online

Summer Holiday

Self-Care Tips

The summer holidays are often a time to relax and have fun after a long year of studying at school. However, with Coronavirus, months of schools being closed, and 'social distancing' rules, the six week break might feel a bit different and strange this year.

Because of this, it is even more important than normal to look after yourself during this time off school. Here are some tips to help keep you happy and healthy over the summer holidays:

Stay connected

Make time to do fun things with friends and family over the summer holidays (either digitally or safely face-to-face). This will help you feel good about yourself, as well as loved and supported by the people you care about.

If you are feeling lonely, do not be afraid to reach out to a friend and suggest hanging out. Even if you have not spoken to that person in a while, chances are, they will be happy to hear from you.

Get fresh air

Spending time outside in nature can improve our health and happiness. If you do not have a garden, try visiting a local park with others. Whether it is a picnic, a walk, or a sport you enjoy; there are lots of things you can do outside, even whilst socially distancing.



Set a goal

If you are worried you will be bored over summer, try setting yourself a goal or challenge. Maybe you want to learn how to bake the perfect brownies? Learn a new language? Or perfect that football trick or dance routine you have seen? See what you can achieve in 6 weeks!

Suggested activity: Challenge a friend or family member to set themselves a summer holiday goal too. At the end of the holidays, see how well you have both done!

CYP

Children and Young
People's Services

Registered Charity Number 1102058 | Registered Company Number 4730057

 **Mind Manchester**
for better mental health

Find a new hobby

Still think you might get bored? Why not try something new!

Suggested activity: Write down your full name (middle names included) on a piece of paper.

Then, think of a hobby for each letter of your name (e.g. 'Acrobatics' for 'A' or 'Blogging' for 'B').

When you are finished, see if any of these hobbies are something you could or would like to try.



Look after your body

Keeping our body healthy and strong is a great way to keep our mind healthy and strong too.

Check out the list below and see which healthy habits you already do well, and which you can build into your daily routine this summer:

- Get enough sleep (between 8-9 hours per night is recommended)
- Eat healthily (Have a look at the NHS Eatwell Guide for more information)
- Stay hydrated (6 to 8 glasses of fluid a day is recommended)
- Do some exercise (the NHS recommends at least 60 minutes of exercise a day from activities such as walking the dog, cycling, dancing or sports)

Relax

These past few months have been stressful for many people, so give yourself plenty of time to relax over the summer holidays. Try taking a break from scrolling through social media and the news for a few hours each day; this will help you make time to give your full attention to chilling out. If you live in a busy house where there is not much time to relax, try to find at least 10 minutes a day to yourself where you can to just be you.

Suggested activity: Not sure how to relax?

Have a look at the good ideas from Young Minds which include watching a film, trying meditation, or having a warm bath.

Young Minds – Take time out

<https://bit.ly/38oCllH>

Managing difficult feelings

Coronavirus has brought a lot of change and uncertainty to schools, families and our society in general, which has made many people feel worried, stressed or upset. If you have felt like this too, try to talk to someone you trust about how you are feeling – sharing our problems can help make them feel smaller and easier to manage. You can also visit the websites below for more information or support:

Mind

<https://bit.ly/2VEJ8CA>

Young Minds

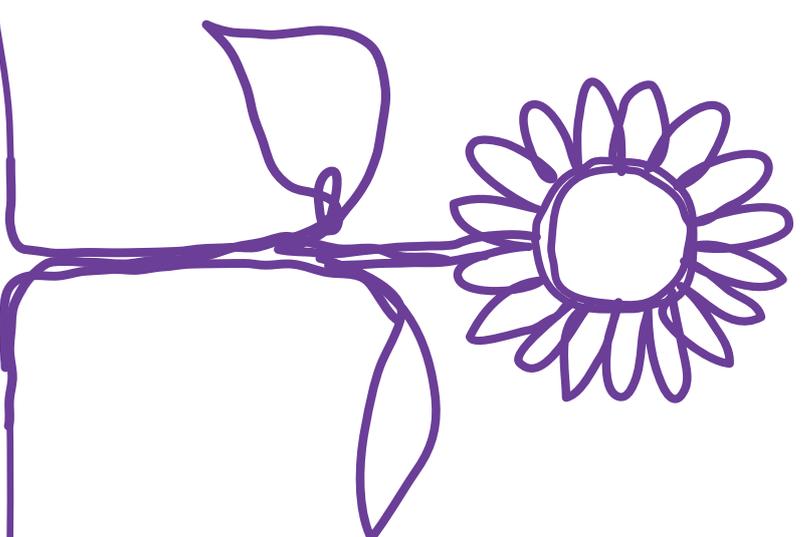
<https://bit.ly/3dVW02y>

Childline

<https://bit.ly/31GOj8X>

The Mix

<https://bit.ly/31CcsNY>





NO WE CAN

**DO GOOD
THIS SUMMER**

Want to do something good for your local community but don't know where to start?

If you're 15-17, find out how you can get involved and sign up at WEARENCES.COM

NCES

OPEN

As lockdown begins to lift, everyone - from national organisations to local food banks, charities to care homes - is going to need a little more help to get back to whatever 'normal' is going to be.

That's why NCS has introduced One Million Hours of Doing Good - to help communities to rebuild and recover once it's safe to do so.

If you can spare 16 hours (or even more) over July and August, why not donate them to a volunteering project in your local area? Sign up on our website and we'll be in touch to let you know about the opportunities near you. You can even decide what your local community needs and set up a social action project of your own.

HOWEVER YOU CHOOSE TO HELP, YOU'LL:

- Pick up new skills
- Help rebuild local communities
- Create positive change
- Boost your CV
- Meet new people

**FIND OUT MORE AND
PLEDGE YOUR TIME AT
WEARENCS.COM**

