



NEWSLETTER

Headteacher's Message

Dear Parents and Carers,

I hope you and your families are keeping well. It has been such a pleasure to welcome over 100 Year 10 pupils back into school last week for an induction session with teachers. This week and until the end of term we are providing English, maths and science teaching to those pupils, and we are pleased to say that we have increased our intake further since last week.

School is quite different at the moment for both pupils and staff. Before we widened our provision beyond those of key workers and vulnerable pupils, staff received training on the health and safety measures we have implemented to ensure the safe return of some of our Year 10s. I hope you have been able to keep up to date with what we are providing at school to ensure maximum safety. You will find our school's risk assessment on our website, here: www.deantrustardwick.co.uk/coronavirus-information-updates-for-parents-carers

Our Year 11 pupils will by now have officially left us, and we feel very sad that our first cohort who have been with us since the start up of school have not had the send off we would have wanted, however we are still working with some of them to ensure they have a post-16 college or school place for September. We wish them all the very best and hopefully next year we can see them at our *Awards Evening* to be presented with their well earned GCSE certificates.

Our end of year reports will be sent to you via email, so please ensure you have signed up to the school gateway app. You will find information about this on the next page.

Enjoy this week's edition!

With best wishes,

Ms S. Finlay



Ms S. Finlay
Headteacher



Dean Trust Ardwick @DT_Ardwick • June 18

Follow our Twitter account for regular school updates, photographs, newsletters and more! We recently posted wonderful examples of outstanding home learning. Click here to be linked to our Twitter account, or visit: twitter.com/DT_Ardwick. Don't forget to follow us for regular updates!



10

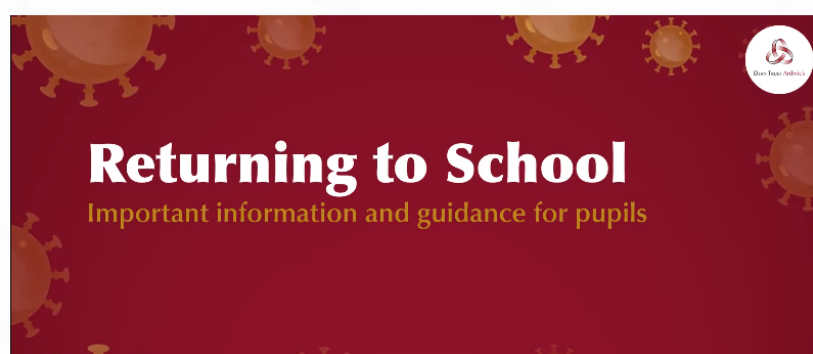


Returning to School: Information Video

Have you watched the return to school video posted on our website and Twitter? The video features lots of information on how school will run, and look, on your return. Please access the video on our website here: www.deantrustardwick.co.uk/coronavirus-information-updates-for-parents-carers

Coronavirus Information Updates for Parents/Carers

Home / Coronavirus Information Updates for Parents/Carers



Dates for your Diary

[View all](#)

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Key Stage 3 Exams and Year 10 Mocks

Monday 22nd June

Dean Trust Active Challenge – Knowsley Hall

Tuesday 23rd June

Key Stage 3 Exams and Year 10 Mocks

Tuesday 23rd June

Key Stage 3 Exams and Year 10 Mocks

Wednesday 24th June

Schoolgateway

Please download the app now to enable you to receive important information about your child.

The app provides you with information on:

- Your child's attendance
- Timetables
- Clubs
- Detention
- Events and trips
- School news
- Links to our website

What you need to do

Download the app: If you have a smart phone, please download 'School Gateway' from your app store (Android and iPhone). The app shows the same information as the website. This will also help us when we send you messages either individually or as part of a group of parents.

Sign up: Only use the same email address and your priority mobile number that you have provided to the school on your admissions form. Click on 'New User' and fill in the information. You will receive a text message with a PIN number. Use this PIN to login to School Gateway.

If you can't activate your account

If you are having trouble logging in, it may be because the school doesn't have your current email and mobile phone number on record. Please call us on 0161 972 2988 and we'll update your details on our system.



The banner features a hand holding a smartphone on the left, displaying the Schoolgateway app interface with sections for Attendance, Timetable, Payments, Behaviour, Achievement, and Student Details. In the center is the Schoolgateway logo, a stylized infinity symbol. To the right are two black buttons: 'Available on the App Store' and 'GET IT ON Google Play'. The bottom of the banner has a teal background with the Schoolgateway logo on the left and the tagline 'Keeping up with what's going on at school is easier than ever' on the right.

Schoolgateway

Keeping up with what's going on at school is easier than ever

Manchester United Foundation: The Ultimate Pass Challenge

Harry Maguire, Juan Mata and Jesse Lingard join the ultimate pass challenge on this weeks MUFC foundation challenge video! Check it out at the link below:

<https://www.mufoundation.org/en/Stay-at-Home-Challenges/Video-challenges>



Mathematics: Year 7 and 8 times table competition

Pupils have been eagerly entering their high scores into Mr Moore's times table competition. The challenge was to answer as many times table questions as possible, in 100 seconds! The scores achieved so far have been as high as 109! How many can you answer? Try it here: www.timestables.co.uk/100-seconds

Well done!

Results:

- Score: **109**
- Number correct: 109
- Number incorrect: 4



[View mistakes](#)

[High scores:](#)

[Play again](#)



42ND STREET

Young people aged 13-25 can now access 42nd Street's one-to-one support online. If young people would like to receive weekly support from one of their workers they can register at: onlinesupport.42nd-street.org.uk

Please see their website for times of their new live drop-ins. Please click this banner to visit their website or enter the following into your address bar: www.42ndstreet.org.uk

DTA Proud to Belong - Work Showcase

Class code a5lnx44

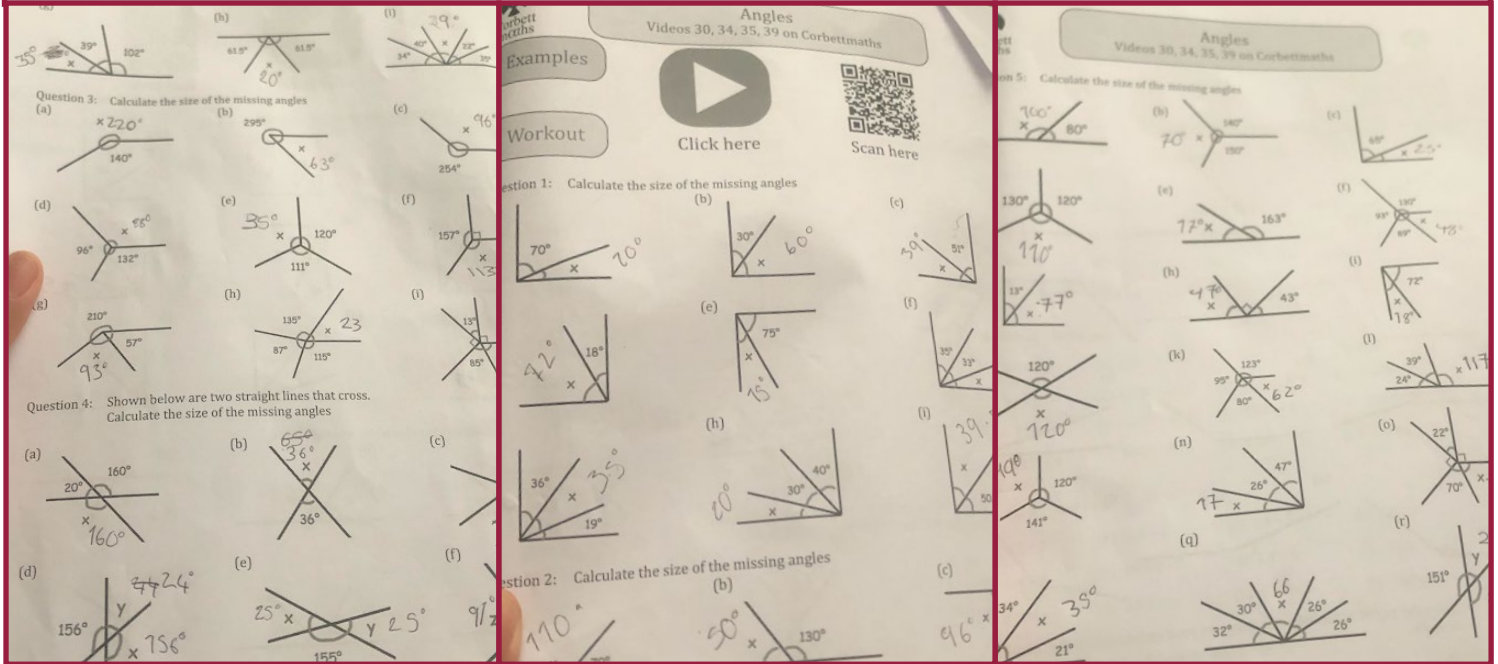
Proud to Belong Classroom: Do you want to have your work featured?

If you have a particular piece of work that you are proud of, and would like it featured in our school newsletter. Please upload a file, or screen shot, to the 'Proud to Belong Classroom'. The best examples of home learning will be in for the chance to receive a praise postcard, chocolate Easter egg and a featured article, with lots of pictures!

You can access the classroom via code: **a5lnx44**

Mathematics: Angles

Keanu has been reinforcing his knowledge of angles by working out the missing values. Below are three of the examples that he uploaded to the Google Classroom.



Art and Design: Creative digital art!

There has been an influx of submissions to the art and design classroom, as pupils upload their incredible digital portraits! Below, are two fantastic examples that demonstrate the high standards seen across all work.

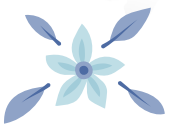


Dean Trust Ardwick @DT_Ardwick

You can find more examples of this work on our Twitter feed.
Click here to be linked to the post!

English: A wintery scene...

Aiman, Year 8 submitted this wonderful piece of creative writing to the English classroom. Pupils were tasked to produce a piece of writing related to the wintery scene, pictured below.



Of all the places I imagined to clear my head, this was by far the best. The calm and serene aura that this place gave off was enough to make me forget why I was out of sorts. As I continued to traverse this spectacular art of nature, I felt all my worries drift away or it could that I was being taken away from my worries.

Feeling myself peacefully disown myself from this world, alongside this majestically gentle wind was truly mesmerising. The light of the sun was like a ray of fire waiting to show it's worth. The waters, so calm yet so fierce. The little specs of snow somehow reminded me of myself. They look so delicate yet so strong, however upon closer examination they appear as though tired and done with everything as well as still having a lot of fight left in them.

Walking alongside these tiny yet miraculous wonders, symbolising the greatness of mother earth, I felt something I hadn't felt in a long long time. Hope. It's a wonderful feeling to be honest. A feeling that tells you that there is more to this and you can get through it. I wouldn't have believed it if someone had said to me earlier that a place that seems so fragile and only there for admiration can teach you something you never would have learned.



English: Book Token Prize Draw

Our school has the chance to win £5000 in book tokens to help the library to grow. To help, all you need to do is nominate the school by filling in the short form provided. It only takes seconds and it greatly increases the chance of our school being picked for the prize. In addition, if your nomination is chosen, you could win £100 in book tokens for yourself. If you could take a few moments out of your day to support this cause, it would be most appreciated. Thank you.

Help to support the pupils' learning and reading by visiting the National Book Tokens website or following this link:
www.nationalbooktokens.com/schools

WIN £5,000 for your school!

Our big prize draw is back for a seventh year!

You could win £5,000/£5,000 of National Book Tokens for your school's library – and if your entry is picked, you'll also get £100/£120 of National Book Tokens to spend on yourself!

Whether you work in a school or have school-aged children yourself, you'll know the importance of a good school library – and not just for learning. Studies show that reading for pleasure doesn't just give children an advantage academically; it can improve their wellbeing, too.

The English teachers at last year's winning school, Haverfordwest High VC School, were able to use their prize to buy lots of new books from their local independent children's bookshop:

"Such wonderful news! We are delighted to have won National Book Tokens for our school library. Knowing we have supportive parents who took the time to nominate us is wonderful and reaffirms the work we do to encourage a love of reading amongst our pupils. We are very excited to purchase new books for the library. Thank you."



Health and Wellbeing: Tips and Advice

Mood and food.

Not eating enough of the right foods can cause your blood sugar to drop. This can lead to tiredness, irritableness and feelings of depression. Eating regularly and choosing foods that release energy slowly, can help to keep your blood sugar levels steady. Slow-release energy foods include: pasta, rice, oats, wholegrain bread and cereals, fruits and nuts. Quick tips: Eating a nutritious breakfast is the best way to ensure a great start to the day! Avoid foods that make your blood sugar rise and fall rapidly, such as sweets, biscuits and sugary drinks.

Be active.

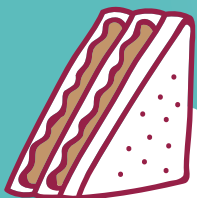
Exercising is one of the most effective ways of keeping the mind healthy. A short walk can work wonders, clearing your head and increasing energy levels.

Get enough sleep.

You should aim to get 8 hours sleep a night. Limit your time spent on your phone/social media, especially close to bed time.

Plan your day.

Set yourself daily goals to keep yourself motivated and busy throughout the day.



@DT_Ardwick

Online Support

Feeling stressed or down?

Aged 13-25?

You can now access 42nd Street's
one-to-one support online

To receive weekly support from one of
our workers just register at...
onlinesupport.42ndstreet.org.uk

Visit our website for times of our new
live drop-ins too.

"Speaking about this stuff has
helped a lot. It's like a weight lifting"

42nd Street - Supporting young
people's wellbeing around Greater
Manchester for 40 years



42ndstreet.org.uk



42ND
STREET



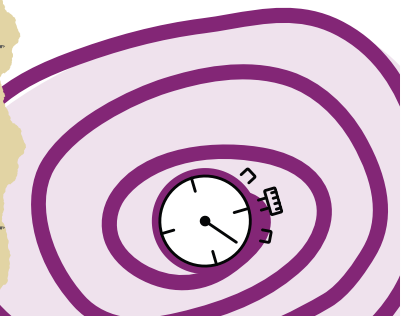
BAM Challenge TIME WARP WEEK

Beat the Clock!

- Together, make a list of quick activities e.g. 10 star jumps, 1 lap of the garden, 5 squats
- Take it in turns to complete the activity while one person times you - don't forget to write it down! Try it again the next day.

**Which day were you fastest?
What do you think made you faster or slower?**

name	date	activity	time



African Clock



Dance



What's the Time



Mr Wolf?

The Time Warp!



Did You Know?

The biggest health benefits happen during the first 10 minutes of being active. If you can manage 10 minutes a few times a week, you might feel healthier and happier.

Me Time

Set aside some time just for **you**, even if it's only 10 mins. Do something **you** want to do, like have a bath, read something, or just sit quietly. If you write it down, you'll be more likely to stick to it.

Manchester City Council Coronavirus Helpline: 0800 234 6123

Greater Manchester Suicide Bereavement Information Service

If you have been bereaved or affected by suicide you can call us:

Tel: 0161 983 0700

Email: SB.IS@nhs.net

Monday - Friday 10am - 4pm (Excluding bank holidays)

Our team can help you to:

- Identify resources and support in your local area
- Clarify the things you may need to do and who to contact
- Access ongoing support services and groups
- Find out about resources available nationally



Greater Manchester Health and Social Care Partnership



This Service has been commissioned by The Greater Manchester Health & Social Care Partnership



DEPAUL
Homelessness Not So Alone

COVID-19 STAYING AT HOME SUPPORT FOR YOUNG PEOPLE AND THEIR FAMILIES

LIVING TOGETHER

Following the recent government advice that we should all stay inside, we understand that being at home for a long period of time can be difficult and that current restrictions due to the Covid-19 virus can put a lot of pressure on family relationships.

We also know that this is a worrying time for many young people and their families and it can be difficult to get help and support from friends and other family members at the moment.

If things are getting difficult at home and you are struggling with the relationships you have with those around you, we encourage you to get some help and support. There are a number of options available to help you and others in your family and we encourage you to seek advice and support as soon as possible.

School safeguarding leads are still able to support students and their families during the school closure period.

Remember, you should always call **999** if anyone is in immediate danger.

HOW WE CAN HELP

Depaul UK have a range of services across Greater Manchester to support young people and their families throughout this challenging time. We keep up to date with government guidance to ensure the safe delivery of all of our services. Supporting social distancing, we provide the majority of our services remotely.

RECONNECT CM

Reconnect CM: We offer young people aged 11-25 and their families, support, advice & guidance to help improve relationships with each other and reduce arguments and conflict in the home.

Email: family.support.cm@depaulcharity.org.uk or call 0161 5073414

Oldham Reconnect: We offer support to young people aged 15-25 who live in Oldham to prevent homelessness. We offer formal mediation, advice & guidance to help improve relationships at home and stay together.

Email: oldham.reconnect@depaulcharity.org.uk or call 07971759140 Monday to Friday 9am till 5pm.

NIGHTSTOP CM

Nightstop CM offers emergency accommodation for young people at risk of homelessness aged 16-25 in the spare room of trained and vetted volunteer hosts. We may also be able to offer respite accommodation.

Email: nightstop.cm@depaulcharity.org.uk or call 0161 5073414

OTHER SUPPORT AVAILABLE

ALBERT KENNEDY TRUST

AKT supports LGBTQ+ young people aged 16-25 in the UK who are facing or experiencing homelessness or living in a hostile environment.

www.akt.org.uk

Phone: 0161 228 3308

CHILDLINE

Childline is yours – a free, private and confidential service where you can talk about anything.

Because of the coronavirus, you can currently only speak to a Childline counsellor online or on the phone from 9am – midnight. **Phone: 0800 1111**

RUNAWAY HELPLINE

Runaway Helpline is there for young people who are thinking about running away, if you have already run away, or if you have been away and come back.

www.runawayhelpline.org.uk

Phone or Text: 116 000

KOOTH

Kooth is an online counselling and emotional well-being platform for children and young people, accessible through mobile, tablet and desktop.

www.kooth.com

CORONAVIRUS (COVID-19) WHAT YOU NEED TO DO

Remember, you can still spread the virus even if you don't have symptoms. Visit the official government website for accurate up to date guidelines.

www.gov.uk/coronavirus

If you think you have any symptoms, or for general health advice on the coronavirus, please visit the official NHS website.

www.111.nhs.uk/covid-19

