



NEWSLETTER

Half Term 6

14th June 2021

Headteacher's Message

Dear parents and carers,

Last week Year 11 pupils were very busily engaged with several careers events; their participation was fantastic. Their last day on Friday was nothing short of wonderful, as they enjoyed a party with their form first, followed by a brilliant and emotional final assembly, after which they were treated to burgers and ice cream on the yard as they signed each other's shirts for over an hour! See all the photos which captures what an amazing and wonderful day it was. I felt very proud to see how much they have matured in the five years they have been with us. We shall miss them.



Ms S. Finlay
Headteacher

I am really pleased to announce a return to single breaks and normal start and end of the school day. Whilst being vigilant over COVID precautions, we can now make a few adjustments following Year 11's departure. From tomorrow (Tuesday 15th June), all pupils will arrive at school by 8.30 am and leave at 3pm whilst keeping to their separate entrances. I am delighted to tell you that this week onwards we are able to provide hot meals in the new dining hall as well as the main dining hall. All pupils will continue to have their separate spaces outside as this works very well. We have another new pod on the yard for our healthy take away food too. I fully trust these changes will be positive and beneficial for pupils.

Thank you very much for supporting us as we return to face masks in classrooms for pupils and for everyone in communal areas. I would like to really encourage you to ensure your child takes a lateral flow test regularly, so that we can minimise the risk of further infection.

Thank you also for ensuring that uniform standards are met. We do pride ourselves on our appearance at Dean Trust Ardwick, as we believe it is important to look smart for school, including beyond the school gates.

I hope you enjoy this week's 'bumper' edition!

With best wishes,

Ms S. Finlay

Safeguarding Tip: Please talk to your children about consent. We take all reports of peer on peer abuse seriously.

Dairy Dates

KS3 Assessments Start	14 th June 2021
KS4 Assessments Start	21 st June 2021
OddArts - COVID Drama	18 th June 2021
Year 11 Prom	9 th July 2021



Dean Trust Ardwick @DT_Ardwick • June

Follow our Twitter account for regular school updates, photographs, newsletters and more! Visit us at: twitter.com/DT_Ardwick.



Follow



@DT_Ardwick

Believe Achieve Succeed



Year 7 - Mrs Rashford *Please support us in ensuring your child has the correct uniform.*

As a result in high positive COVID-19 cases in the North West and at Dean Trust Ardwick we have had to reintroduce the wearing of masks in classrooms and communal areas. Year 7 have not had the experience of having movement around the school building - following the one way system as other year groups have done previously. On Monday 14th June I will explain the new routines and movement around the school in detail, through assemblies. I hope these changes will be a positive first step towards some more normality and I know that Year 7 are already looking forward to seeing some other parts of the school. Please can I ask for your support in resolving any uniform issues promptly. There have been a high number of pupils turning up to school with missing uniform. Uniform and equipment can be ordered via parent pay. Thank you for your continued support with this.



Year 8 - Mr Diaz *We are planning an exciting end of year trip!*

I hope you have all had a restful half term, I have some exciting plans for this half term in progress, one being the planning of our end of year trip. Watch this space! It's difficult to ignore how COVID-19 is impacting on our lives, but Year 8 pupils continue to practise safety measures even following some relaxations of the rules. Please continue to encourage your child to follow social distancing rules and wear a face mask where applicable. Year 8 HPV immunisations are taking place on the 21st/22nd June. This is for all Year 8 pupils as they will either receive their second HPV vaccination or their first if they have missed this. Mr Moxam will issue consent forms for any pupils that missed their first vaccination, also.



Year 9 - Mr Chetwyn *End of year examinations begin next week!*

What a great week to come back to school Year 9! The sun is shining and spirits are high, which has led to lots of smiles and some absolutely amazing conduct and application. We hope you are ready and raring to go for your end of year examinations which take place next week. These exams will be useful in helping to determine your current academic progress and how we can help you to develop and succeed as we start our GCSE subjects in September! Sleep well, revise hard and be sure to have a good breakfast every day to get yourself in the right frame of mind! Good luck!



Year 10 - Mr Hull *Pupils should seize every opportunity in these crucial few weeks.*

A huge welcome back to the final half term of the school year. I hope that you all had chance to spend time together with families and friends over the half term holiday. It only seems like a short period of time ago we were starting Year 10 and now that important time is drawing to a close. In a similar amount of time, we will be finishing and I'm super confident that we will be the greatest Year 11 in the school's history. It is vital that all the pupils seize every opportunity in these crucial last few weeks of Year 10 to prepare their knowledge and skills to be in tip-top condition. The forthcoming half-term offers many exciting prospects – we have the election of Head Girl and Head Boy positions alongside Senior Prefects, a Rewards Trip, Sports Day and the Summer Show amongst other exciting initiatives. As ever, seek to get involved and seize every day. Be kind, work hard.



Year 11 - Mr Smith *Goodbye Year 11, you will be missed!*

The Year 11 pupils enjoyed a fabulous last day in school on Friday; it began with time with their form tutors who have given them so much care and support over the five years and I know how much the pupils appreciated that with all the cards and gifts that were brought in. We then had a celebration assembly that looked back over their time in school with some special photographs that brought both laughter and tears along the way! To complete the day we had a special 'leavers lunch' where the pupils signed shirts and took photographs with all their friends in one last celebration together. Many thanks to all the staff that made the day for the pupils so special!!

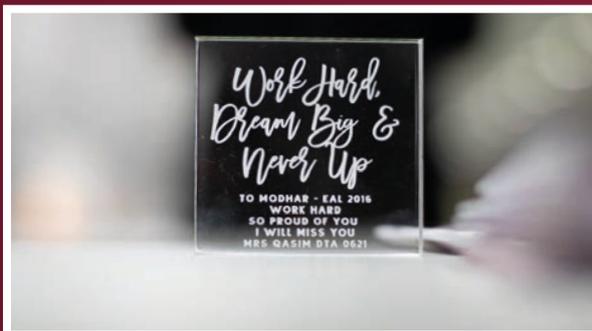


2021 *Leavers*

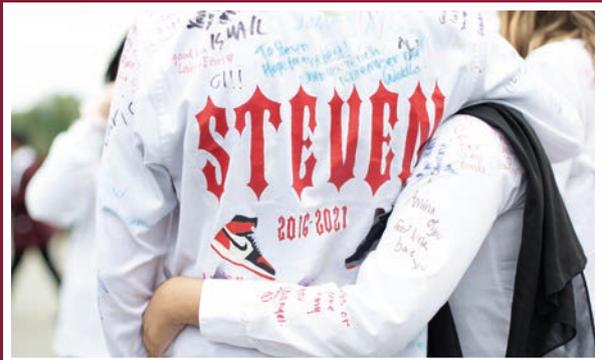
✦ DEAN TRUST ARDWICK ✦

It is hard to believe that 5 years is over! On Friday, Year 11 pupils celebrated their time at Dean Trust Ardwick as they prepare to leave school for the final time. The day was full of excitement, emotions and laughter. We hope that the below snippets from throughout the day give you a sample of what we got up to. We wish all Year 11 pupils the best of luck in their future and we cannot wait to see you all at prom.

You will be missed!







Careers Events

2021
Leavers

Diane Modahl and FA Coaches

Throughout last week we held a number of careers events for pupils to attend. These included a talk from former English middle distance runner, and gold medalist, Diane Modahl! Also visiting school and giving a talk to pupils was Chuks Akuneto, former Nigerian international footballer, Pav Singh, former Leeds United player, and Steve Smithies, current FA National Lead for Coach development!

Pupils were incredibly engaged with our visitors and found them to be relatable and realistic role models.



Kate Wood - State Talking Manchester

Kate Wood, a passionate and entertaining public speaker held a talk for pupils online. During the event she shared her incredibly inspiring story and how she went on to become a freelance advisor to companies on how they can improve their culture, ensuring work teams feel valued and cared for whilst improving business performance.

Pupils were left inspired by her life lessons and learnt lots of information on careers in tech!



Leavers' Assembly

2021
Leavers

Our leavers' assembly was a huge success! Both Ms Finlay and Mr Smith gave their thanks to pupils before we watched an emotional video of 'farewells' from teachers. The mood was quickly brought up again by a short slideshow of photographs from throughout the pupils' years at Dean Trust Ardwick, including Year 7 selfie photographs! Also, EAL pupils received a special booklet from Mrs Qasim with lots of photographs in!



Science Club

The turnout to Science Club has been great!

Year 7 scientists learnt about the reaction of acids with metal oxides. They heated sulphuric acid and reacted this with excess copper oxide, to form copper sulphate and water. Evaporation of water produced these stunning blue copper sulphate crystals!



Physical Education

Congratulations David!

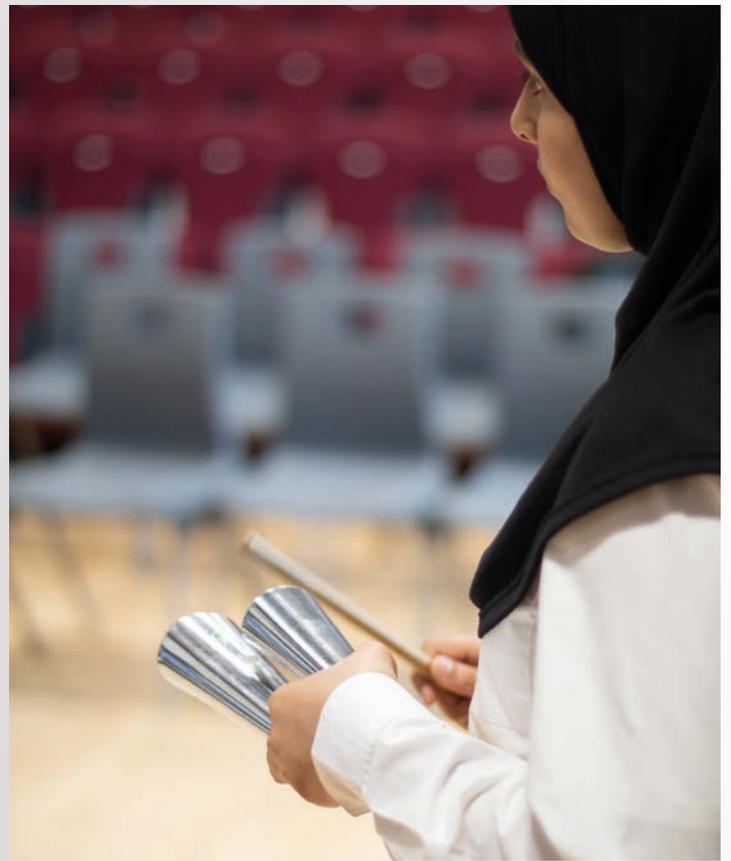
This week our Year 10 pupils have been delivering in their R053 Sport Studies Practical Leadership Assessments. The Year 10s had been planning an effective sports plan to lead for younger pupils since September. Year 10 pupils were fantastic ensuring they're well prepared, confident and effective in their deliveries. Well done to all the pupils involved!



Performing Arts

Pupils continue to develop their skills with professional instruments!

This week the samba band were able to begin rehearsing on professional style samba instruments. Mr Laszlo taught lots of samba rhythms through call and answer exercises. They whole group worked really well and thoroughly enjoyed the session. We look forward to seeing their skills develop over the remaining weeks in school.



Performing Arts

Congratulations David!

Year 11 pupil David has been selected as one of six acts to perform as part of the Manchester International Festival, in the city centre on July 3rd. Before half term, each of the Manchester United Foundation hub schools were asked to put forward an act that demonstrated the talent we have in school. After deliberation by a judging panel, (which included Gary Neville) David was selected as one of the six winners. Film maker Adam Cox visited school on Thursday to interview David and capture his daily life in school with his friends. He is extremely excited for the live performance on the 3rd July. Huge congratulations to David!



Manchester Support for Mental Health | Young People

There are lots of places and services where our young people can get self help, or where you as parents and carers can guide them to if they say that are not feeling mentally healthy. We have specialist staff within school who can offer support and guidance as well as their form tutor, pastoral support manager and Head of Year whom they can talk to.

Children & Young People

Helpline Support

Suicide
Samaritans: for anyone struggling to cope and provide a safe place to talk.
FREE Helpline: 116 123 (open 24 hours a day)
Email: jo@samaritans.org
www.samaritans.org

Papyrus: information and advice for young people who may be at risk for harming themselves.
FREE HOPELINEUK: 0800 068 41 41
Text: 07860 039967
Email: pat@papyrus-uk.org
www.papyrus-uk.org

Bullying

National Bullying Helpline: help and advice for young people dealing with bullying at school
Helpline: 0845 22 55 787
Open Mon-Fri: 9am-5pm
www.nationalbullyinghelpline.co.uk

Emotional Wellbeing

Young Minds: if you are experiencing a mental health crisis.
Young Person Crisis messenger: text YM to 85258
Service available 24/7
Parents Free Helpline: 0808 802 5544 (M-F; 9.30am-4pm)
www.youngminds.org.uk

Childline: confidential helpline for young people to support you and help you find ways to cope.
FREE Helpline: 0800 1111
Because of the coronavirus, the phoneline is open from 9am-midnight.
www.childline.org.uk

The Mix: online emotional health and wellbeing support for under 25s.
Free Helpline: 0808 808 4994
7 days a week from 4pm to 11pm
Crisis Messenger: text THEMIX to 85258.
www.themix.org.uk

Shout: 24/7 FREE text service, for anyone in crisis, if you're struggling to cope and you need immediate help.
Text GMSalford to 85258
www.giveusashout.org

Bereavement

Hope Again: support for children & young people affected by the death of someone close.
FREE Helpline: 0808 808 1677
Email: helpline@cruse.org.uk
Open Mon-Fri; 9:30am - 5:00pm.
www.hopeagain.org.uk

Winston's Wish: support for bereaved children and young people
FREE Helpline: 08088 020 021
Open Mon-Fri; 9am-5pm
Email ask@winstonswish.org
www.winstonswish.org

Child Bereavement UK: support for families or when a child is facing bereavement.
FREE Helpline: 0800 02 888 40
Open Mon-Fri, 9am-5pm (ex. Bank Holidays)
Email: support@childbereavementuk.org
www.childbereavementuk.org

Substance / alcohol misuse

NACOA: if you are affected by someone else's drinking, NACOA can help.
FREE Helpline: 0800 358 3456
Email: helpline@nacoa.org.uk
www.nacoa.org.uk

FRANK: information and advice to anybody concerned about drugs/substance misuse.
Helpline: 0300 123 6600 - Open 24 hours a day, 7 days a week.
Text 82111 Text a question and FRANK will text you back.
Email: frank@talktofrank.com
www.talktofrank.com

Anxiety

No Panic: advice and information for people suffering from panic attacks & anxiety disorders.
Youth Helpline: 0330 606 1174 (for 13-20 yrs) Open: Mon, Tue, Wed, Friday: 3pm to 6pm; Thurs 3pm to 8pm; Sat 6pm to 8pm
www.nopanic.org.uk

Anxiety UK: user-led organisation, with resources, text service and info line.
Info line: 03444 775 774
Email: support@anxietyuk.org.uk
Text: 07537 416 905
Open Monday – Friday, 9.30am – 5.30pm (excluding Bank Holidays).
www.anxietyuk.org.uk

Eating disorders

Beat: information on anorexia, bulimia & other kinds of eating disorders.
Studentline: 0808 801 0811 - Youthline: 0808 801 0711
Open Mon-Fri, 12pm-8pm; weekends 4pm-8pm
www.beateatingdisorders.org

Anorexia & Bulimia Care: providing on-going care, emotional support and practical guidance for anyone affected by eating disorders.
Helpline: 03000 11 12 13 - Open: Tues-Fri; 9.30am-5.30pm
Email us: support@anorexiabulimiacare.org.uk
www.anorexiabulimiacare.org.uk

UNICEF: Rights Respecting Schools

Article 22 and 10 UN Convention on the Rights of the Child.

This week's articles of the week are Article 22 and 10.

Article 22 – Refugee Children

If a child is seeking refugee or has refugee status, governments must provide them with appropriate protection and assistance to help them enjoy all the rights in the Convention. Governments must help refugee children who are separated from their parents to be reunited with them..

Article 10 – Family Reunification

Governments must respond quickly and sympathetically if a child or their parents apply to live together in the same country. If a child's parents live apart in different countries, the child has a right to visit and keep in contact with both of them.



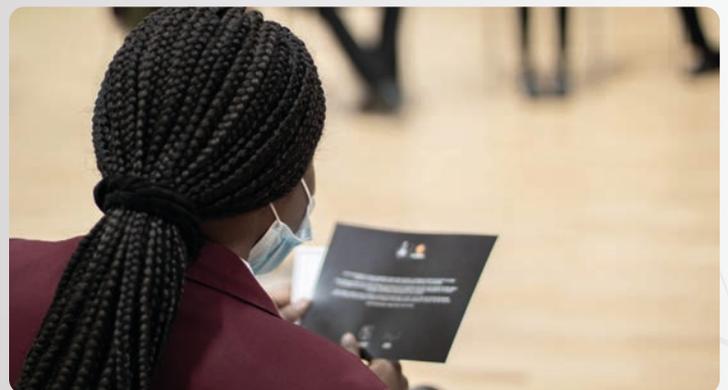
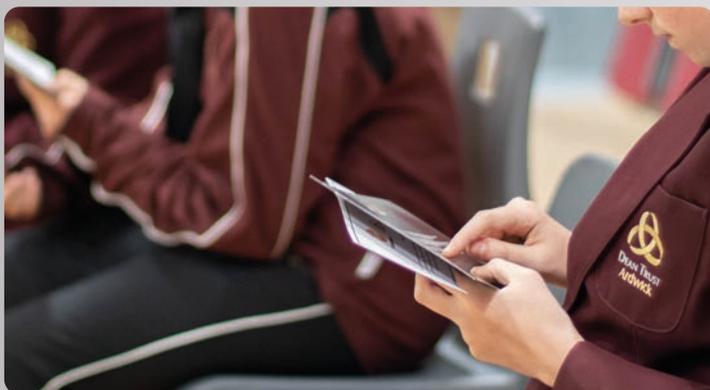
Look for the Good!

Adidas Football and Manchester United Foundation gift hard working pupils.

Mr Griffiths, the Manchester United Foundation High School Partnership Officer at Dean Trust Ardwick, has introduced a 'Look For The Good' scheme which aims to identify students who are fantastically demonstrating the schools desired character traits; Self-regulation, Grit, Empathy. The project uses gift boxes from the generous donation from Manchester United and Adidas as rewards for students who consistently show exemplary standards in lesson and around school. Pictured are a range of pupils from key stage three and four who received the gift boxes.



Foundation



10 WAYS TO DO YOUR 10 DAYS

CHECKLIST FOR SELF-ISOLATING SAFELY

Help for people self-isolating

Keeping yourself away from other people when you could be infectious is the most effective way of stopping coronavirus.

If you're told to self-isolate, it's important to do so immediately and for the full 10 days. You shouldn't leave home for any reason.

You're not alone if you find doing this hard. Planning ahead, even before you have been told to self-isolate, can make things easier.

For more help and support with self-isolating please visit manchester.gov.uk/coronavirus or phone **0800 234 6123** 9am – 5pm Monday to Friday.



1. Know your 10 days

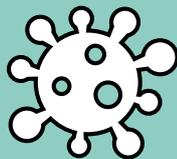
Stay at home, away from other people immediately for 10 full days. Count your 10 days using the NHS Covid-19 app.



During this time you also need to try and reduce the chances of spreading any infection to the people you live with.

2. Tell your work

Ask your employer about working from home or any sick leave or special leave options.



You might otherwise be able to get Statutory Sick Pay, a £500 Test and Trace Support Payment or other financial help, including if you're self-employed.

3. Plan your money

Check you have money to buy what you need and pay your rent and bills. Call the companies and explain your situation if not.



4. Arrange food, medicines & essentials

Ask friends and family to safely drop-off anything you need. Many shops and pharmacies can help with deliveries too.



Your local community hub can also help – via SMS on **07860 022 876**.

#DOYOURBIT

SELF-ISOLATE. IMMEDIATELY AND FOR THE FULL 10 DAYS, IF TOLD TO DO SO.

For more help and support with self-isolating please visit manchester.gov.uk/coronavirus

#DOYOURBIT

SELF-ISOLATE. IMMEDIATELY AND FOR THE FULL 10 DAYS, IF TOLD TO DO SO.

For more help and support with self-isolating please visit manchester.gov.uk/coronavirus

5. Continue your children's education

If someone in your household has coronavirus or symptoms, any children you live with must also self-isolate. Contact their school to ask for work to do at home and any free school meals to be delivered.



If only you are self-isolating, your children should attend school as normal – but you will need to ask someone else to do the school run for you.

6. Get care for anyone who depends on you

If you're a carer, ask friends or family to provide the care while you are self-isolating.

If no-one else can safely take this on, a local mutual aid group could help.



7. Protect your mental health

Create a routine, keep busy, stay active, and speak to friends online or by phone. For silent, confidential, 24/7 mental health support, text **SHOUT** to **85258**.



8. Keep moving at home

Staying active will boost your physical and mental health. Get 30 minutes a day without leaving home.



9. Look after your pets

Check you have enough pet food and supplies. If required, ask someone else to care for your animal(s) while you are self-isolating. You shouldn't leave your home to walk your dog.



10. Get any other help you need

As well as your local community hub, NHS volunteer responders could help with all sorts of everyday tasks while you're self-isolating.



To find out more call **0808 196 3646** to arrange support for yourself or someone you know (8am to 8pm, 7 days a week).

Notes