



DEAN TRUST Ardwick

# NEWSLETTER

Half Term 6

12<sup>th</sup> July 2021

## Headteacher's Message

Dear parents and carers,

Well here we are at the last full week of the school year. Despite England's defeat last night and for our Italian pupils and staff, a major victory (congratulations!), we are striding forth with positivity and enthusiasm. We are providing an afternoon of rewards activities for every year group to mark the end of a challenging yet successful year.



Ms S. Finlay  
Headteacher

I am especially proud of our newsletter this week as it is packed with exciting events our pupils have been engaged in, from STEM club to the National Youth Theatre.

We shall be placing next year's dates for your diary on the school website this week, and included in those dates is a return to our very popular coffee mornings!

As Eid is around the corner next week, please ensure you let us know if you are intending for your child to take one day off to celebrate, by responding to a text you will receive from school.

There is still chance for your child to join us in the summer school activities for the week commencing 9<sup>th</sup> August. We shall be sending another letter home with pupils in the next couple of days for you to sign and return if your child would like to come along. It will be good fun!

Enjoy this week's edition!

Best wishes,

Ms S. Finlay

**Safeguarding Tip:** Hideout Youth Zone is open during the Summer Holidays, it provides young people with 'somewhere to go, something to do and someone to talk to' please see website for further information - [www.hideoutyouthzone.org](http://www.hideoutyouthzone.org)

## Diary Dates

Online Transition Evening	15 <sup>th</sup> July 2021
Rewards & Activities Week	12 <sup>th</sup> -16 <sup>th</sup> July 2021
End of Year Reports Home	16 <sup>th</sup> July 2021
Last Day of Term	20 <sup>th</sup> July 2021 12:00pm



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### **Year 7 - Mrs Rashford** *Our pupils have been hard at work to raise money for charity!*

Hello parents and carers. Last week was our last full week at Dean Trust Ardwick. We have a lot of exciting things planned including our Year 7 rewards afternoon on Tuesday. There are a lot of fun activities taking place which pupils have selected. Six of our girls in Year 7 Abeeha, Arin, Suraya, Labeebah, Hajra and Maham have been baking cakes with Mr Vasi and selling them to raise funds for the following charities: Human Aid, War Child and Islamic Relief. Some very rewarding charities which I know will put the donations to good use. The girls have worked hard in planning and organising the event. Well done!



### **Year 8 - Mr Diaz** *Year 8 pupils have discussed the importance of honesty.*

Year 8 have focused on honesty and what this means to us at a personal level, but also, how others may perceive us as people and question our integrity or values when faced with difficult situations if we are found to be dishonest. Year 8 pupils have been very reflective about how honest (or not!) they are as individuals and have taken time to grow as citizens of the world by evaluating their approach to scenarios in their everyday life, including how this may affect their moods, relationships and outcomes in any given situation. We have also had a focus on positive behaviour this week. Pupils with most BfL1 and BfL2 grades in lessons over the last 2 weeks will participate in an End of Year Rewards afternoon. There are a number of exciting activities taking place, and all Year 8 pupils are excited to take part!



### **Year 9 - Mr Chetwyn** *Sports Week has been a huge success!*

One more week left to go Year 9. England fever was sweeping across the year group last week! After some amazing performances we were all hoping our boys can really bring it home! Last week we had been participating in activities as part of DTA Sports Week. Although it was not the ideal week that we wanted (no thanks to COVID and the miserable weather!) it was fantastic to see so much enthusiasm and joy participating in alternative activities and competitions! This week the fun continues as we take part in our *Rewards Afternoon* activities! Keep up the good work Year 9!



### **Year 10 - Mr Hull** *I hope that pupils are rewarded for their hard work during the exam period.*

Throughout the exam period, pupils have worked incredibly hard and shown a great deal of resilience and fortitude. I hope that their efforts are rewarded with results that they are proud of, and if they are not please remember – we are rarely defined by success but more often to our response to setbacks. We have valuable lesson time remaining this year before school closes and it is essential that we do not ease up on our efforts. Furthermore, last week saw the process begin for the selection of Head Pupils and Senior Prefects. We have attracted a high quality field of applicants from our talented year group, and it has been a really difficult task to shortlist and begin selecting candidates from such an outstanding calibre of applications. The next stage is currently underway and we hope to have the Head Pupil and Senior Prefect team in place before the end of the summer term. Work hard, be kind.



### **Year 11 - Mr Smith** *Pupils were very enthusiastic for the sporting activities this week!*

Last week I was involved in the organisation and running of sports activities for all years. Considering the bad weather and COVID constrictions, pupils were very well behaved and full of enthusiasm. We have some very talented sports players within our school community and we look forward to running more activities once we return from the summer break.

## Physical Education

*Sports Week has been a huge success!*

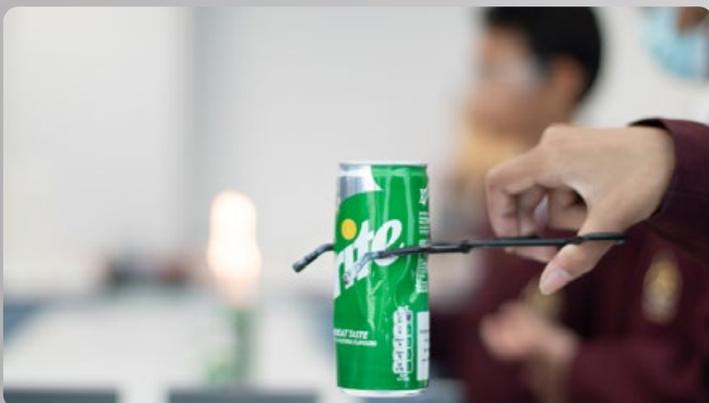
Unfortunately, the weather was not on our side during Sports Week. However, this did not stop us from making the most out of the week with friendly competition and great team work! Pupils enjoyed football, dodgeball, bowls and more. Throughout the events pupils were enthusiastic and gave it their all. We look forward to next years Sports Week where we will hopefully have an opportunity to run more events!



## Science

### *Science Club crush cans with pressure!*

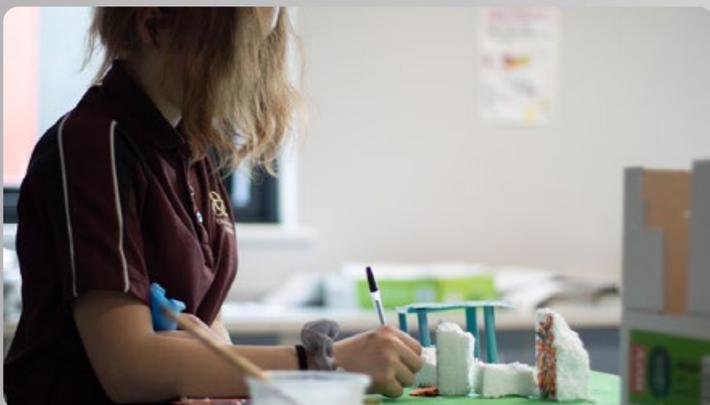
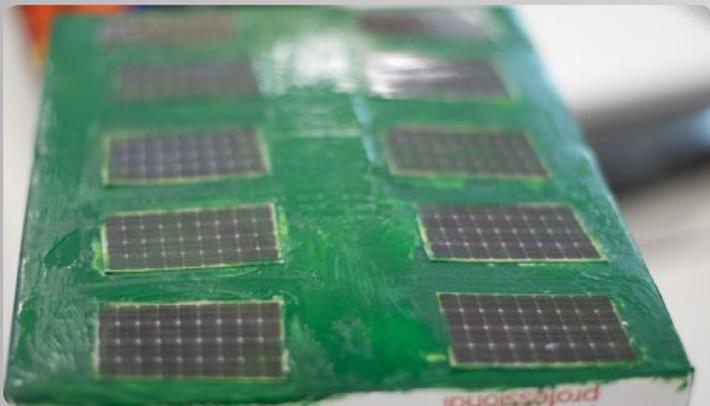
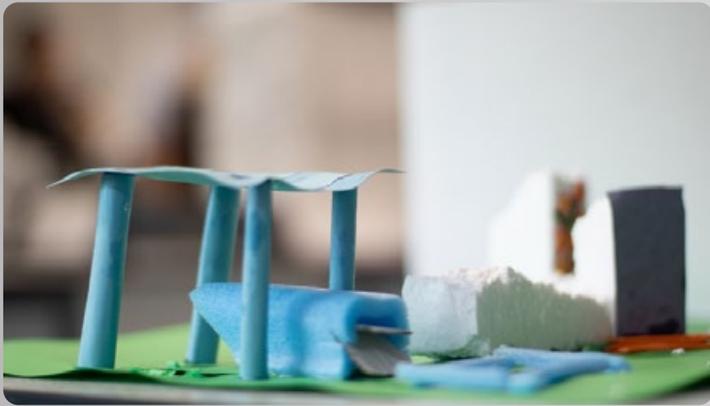
This week in science club, Year 7 scientists investigated how to make drink cans collapse. They heated the cans, containing a small amount of water, over a bunsen burner and then quickly turned it upside down into a bowl of cold water. The cans collapsed in on themselves due to a difference in pressure, causing a loud bang - much to the surprise of the pupils!



## Science

### *STEM club design an eco-village*

This term in STEM club Year 9 scientists have been busy making 'eco houses'. They started by planning out their designs using inspiration from existing sustainable homes. A range of materials have since been used to bring their designs to life, including card, foam, paints, colours, glue and polystyrene. Whilst still a work in progress, the houses will look great when finished!



## Humanities

*Pupils study the quality of life in urban areas...*

Year 7 are investigating the quality of life in urban Ardwick. They have been collecting data around our local area to answer the question, "Is Ardwick a mixture of the good, the bad and the ugly". They have also been preparing questions to Councillor Raham on issues such as green space, traffic and litter.



## Performing Arts

### *The National Theatre - Trips to Hide Out Youth Zone*

This week, our Year 10 Performing Arts group have been taking part in an amazing project, where they have been working with performing artists and theatre makers The National Theatre, led by James Blakey.

Each day, they travelled to Hide Out Youth Zone to explore themes such as identity, using your voice to make positive changes and how to make adults in their lives listen. They have also created a workshop performance that showcases their fantastic work.

The pupils involved have approached each workshop with positivity and have worked incredibly hard. They should be very proud of themselves!

We are hoping that this will be the pilot project for many more collaborative projects in the future, not just at DTA but across the trust.



## Performing Arts

*Samba band continues to be very popular!*

Samba Band has continued to flourish! We have now got our very own Samba instruments to use for the sessions, which the pupils are very excited about. Each week, they get better and better and the drumming games at the end of each lessons are a particular hit!

We will be continuing this club after the summer holidays and we'd love to see you there!

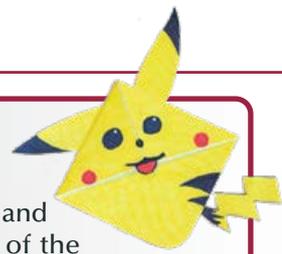


## Hospitality and Catering

*Baking club make scones!*

This week in Baking Club, pupils made their own scones enjoying the exploration of new baking techniques such as the rubbing in method and glazing. Once completed the pupils then appreciated the opportunity to taste test their creations in the traditional way, with jam and clotted cream





## English

*The incredibly talented World Book Day winners!*

Way back when it was World Book Day, we ran several competitions all about characters, books and writing. There were some incredible entries, and it was really difficult to choose winners because of the high standard. We would like to say a huge thank you and well done to those pupils who took part – it really was a pleasure to see your brilliant ideas.

There were three separate competitions: creative writing, character art, and graphic storytelling. Without further ado, we are very pleased to announce the winners.

Short Story Competition	Character Art Competition	Graphic Storytelling
<ul style="list-style-type: none"> <li>Zoha</li> <li>Farah</li> <li>Raida</li> </ul>	<ul style="list-style-type: none"> <li>Inaayah</li> <li>Rayan Uz</li> <li>Sara</li> </ul>	<ul style="list-style-type: none"> <li>Shihab</li> </ul>



## Hospitality and Catering

*Pupils create veggie burgers!*

Our hospitality and catering classroom smelt delicious on Thursday, as pupils cooked vegetable burgers from scratch. They garnished with cheese and salad before running the all important test, the taste test! Have a look at their creations below!



## Well done David!

*The incredibly talented David performed to the whole of Manchester!*

Over the past few weeks, we have brought you updates about Year 11 pupils David and how he has gained the opportunity to perform as part of the Manchester International Festival. Last Saturday was the day we had all been waiting for, and it was a fantastic event. Acts from 8 schools across Manchester performed in Festival Square, next to Victoria Station and they all proved that Manchester's young people certainly DO have talent!

David was amazing in his performance – the crowd loved it. He had zero nerves and when he came off stage, he said “I loved it... every-single-minute!”

We want to wish David all the very best as he embarks on his college education, studying Performing Arts full time!



## Fundraising

*Raising money for refugees in war torn countries.*

A number of pupils worked alongside Mr Vasi to organise a fundraising sale on Friday. Freshly baked cakes and brownies, and sugar free drinks were on sale after school. The stall was incredibly popular and we are very excited to see how much we have raised. We look forward to sharing this amount with you in next week's newsletter, for now here are some photographs of the event.



## Pupils perform for staff

*Sharing the performance they produced with The National Theatre*

Pupils put on an incredible performance for a number of staff on Friday. Throughout the week Year 10 pupils have been visiting the local youth club, Hide Out. During their visits they have been practising performances and sketches, focusing on identity. On Friday a very lucky group of staff were treated to an interactive show by the pupils and it was absolutely outstanding!



Ms Suzanne Finlay  
Dean Trust Ardwick  
345 Stockport Road  
Ardwick  
Manchester  
M13 0LF

Dear Ms Finlay,

We'd like to thank you for your participation in the COVID-19 Schools Infection Survey (SIS).

By taking part, your school has been on the frontline of the national response to the coronavirus (COVID-19) pandemic.

Your participation was invaluable in helping Government and scientists understand the virus.

As a token of our appreciation we would like to award your school this SIS certificate, to thank you, your staff, the pupils and their parents.

We hope you are able to display this certificate to honour the amazing contribution made by your school community.

Thank you so much.

Yours faithfully,



**Shamez Ladhani**  
Consultant Epidemiologist  
Public Health England



**Sir Ian Diamond**  
National Statistician and  
Permanent Secretary  
Office for National Statistics



**James Hargreaves**  
Professor of Epidemiology  
and Evaluation  
London School of Hygiene  
& Tropical Medicine





# Congratulations

Dean Trust Ardwick

## Thank You

For taking part in the COVID-19 Schools Infection Survey (SIS) and being on the frontline of the national response to the coronavirus (COVID-19) pandemic.

Your participation was invaluable in helping Government and scientists understand the virus.

**Shamez Ladhani**  
Consultant Epidemiologist  
Public Health England

**Sir Ian Diamond**  
National Statistician and Permanent Secretary  
Office for National Statistics

**James Hargreaves**  
Professor of Epidemiology and Evaluation  
London School of Hygiene & Tropical Medicine



# MAIN COUNTERS MENU

## Week 4

Mellors

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Golden, filled  
potato skins

Meatball pasta  
bake

Beef keema curry

Chicken &  
vegetable pie

Hot tender beef &  
cheese baguette

Cheese & onion  
bakes

Arrabiata pasta

Vegetable frittata

Ratatouille

Hot vegetable  
sausage baguette

Savoury rice

Crusty herb roll

Rainbow rice

Roast potatoes

Bombay potatoes

Yorkshire  
puddings

Believe Achieve Succeed



@mellorscatering

# How to book a free PCR test

1. Visit [gov.uk/get-coronavirus-test](https://www.gov.uk/get-coronavirus-test)
2. Scroll down to **Get a free PCR test** and click **Start now**.

## Getting a PCR test if you have no symptoms

You can also use this service if:

- you've been in contact with someone who's tested positive
- you've been asked to get a test by a local council or someone from NHS Test and Trace
- a GP or other health professional has asked you to get a test
- you're taking part in a government pilot project
- you've been asked to get a test to confirm a positive result
- you've received an unclear result and were told to get a second test
- you need to get a test for someone you live with who has symptoms
- you're in the National Tactical Response Group

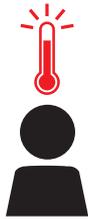
## Get a free PCR test

**Start now >**

# PLEASE HELP TO KEEP YOURSELF AND OTHERS SAFE WHILE CASES OF COVID-19 ARE INCREASING.

**If in doubt, take a test.**

The three main symptoms of COVID-19 are:



High  
temperature



New continuous  
cough



Change to how  
things taste or smell

If you have any of these signs, you must **stay at home** and book a free PCR test as soon as possible.

A PCR test is for people who think they have symptoms of COVID-19. It is a swab test that is sent to a lab to be analysed.

Sometimes, people with COVID-19 do not have the three main symptoms listed above. Instead, they have any of the following symptoms:



Diarrhoea



Sore throat



Muscle or full  
body aches



Tired and  
unwell



Headache that  
lasts a long time



Blocked or  
runny nose



Sickness or  
vomiting

6 July 2021

Dear parents/carers,

**Wider symptoms testing - If in doubt, take a test**

Schools in Manchester have been working together with the Public Health and City Council Education team over the last year to manage the COVID pandemic response.

Schools are following the government guidance with some additional measures brought in locally to help us manage COVID cases.

This has been a tough year for everyone, and I would like to personally thank all our schools and thank you and your children for everything you have done to keep each other safe, particularly our most vulnerable residents.

We need to continue to do everything we can to stop the spread of the virus and get the infection rate down.

Some people may not think they have COVID because they do not have the classic symptoms and could be spreading the infection to others.

Schools and parents are telling us that there are some pupils and staff testing positive with other symptoms, so we are now asking people to take a PCR test for these wider symptoms too.

Testing has a key role to play in helping us keep the virus under control until we have more people in Manchester immunised. The more cases we find, the better chance we have at stopping it spreading.

Please find attached more information on the other symptoms we are asking people to get tested for and some information on the type of test needed and self-isolation.

I would also encourage everyone who is eligible to take up the COVID vaccination offer. We now have a wide range of walk in and pop up clinics across the city and the details can be found in the COVID section of the City Council website ([www.manchester.gov.uk](http://www.manchester.gov.uk)).

I thank you for your cooperation and would like to take this opportunity to say thank you for working with us.

Yours sincerely,



David Regan  
**Director of Public Health for Manchester**

As we look forward to the holidays, we recognise that some children, young people, families may be finding things tough right now. We want you to know where you can go to get some ideas to help with your wellbeing, or get advice, support, or help at this time.

## **Mental Health and Wellbeing**

If your child tells you they are struggling with their mental health or if you suspect this, you should always **contact your GP** for support and advice.

### **NHS Mental Health Services**

<https://www.nhs.uk/using-the-nhs/nhs-services/mental-health-services/how-to-access-mental-health-services/>

Services from other organisations are available by website or phone/text

### **Supporting Parents Help finder (Young Minds)**

Times are tough for many people right now. Parents find themselves pulled in many different directions and children may be struggling being in the house for so much longer than usual. A mixture of concern about covid, working from home and children at home, along with possible financial impacts make for a stressful household.

Young Minds have created a useful 'Supporting Parents Helpfinder'. By answering six questions, parents can find out how to support their child's mental health during the pandemic (and beyond). Find the help finder here: <https://youngminds.org.uk/supporting-parents-helpfinder/>

### **When emotions explode (Young Minds)**

Young Minds have also created a useful poster highlighting ways to give support to children when they have angry feelings or outbursts and may help families start a conversation and talk about each other's feelings.

Download the poster here:

<https://youngminds.org.uk/media/4291/when-emotions-explode-poster.pdf>

### **Kooth - online emotional and mental health support ages 11-18**

<https://www.kooth.com/>

kooth.com/urgent-support for a crisis service

### **Samaritans**

116 123

[jo@samaritans.org](mailto:jo@samaritans.org)

### **Barnardos**

Family support with lockdown and Covid 19 stresses

<https://www.barnardos.org.uk/c19>

**Barnardos Boloh** – Helpline and webchat for 11+ for Black, Asian and Ethnic Minority children and young people

0800 1512605

<https://helpline.barnardos.org.uk/>

**Shout** – for anyone in crisis at anytime

Text 85258

## **Mood Swings**

[MoodSwings](#) 36 New Mount St, Manchester M4 4DE. Helpline staffed from 10am to 4pm Monday to Friday - 0161 832 37 36. Online and Skype support - contact them on [info@moodswings.org.uk](mailto:info@moodswings.org.uk) or <https://www.facebook.com/Moodswings-289363603529/>

## **Rapid Response Team**

The Greater Manchester Rapid Response Team is a team of mental health professionals providing support to children and young people under 18 years old in mental health crisis. They provide community-based rapid assessment and brief intensive support for up to 72 hours. If you have been seen by their service before, you can self-refer for up to six months after discharge by calling **0300 323 0911**.

If you are under 18 and experiencing a mental health crisis and need urgent help, please contact their Mental Health Crisis Line on Freephone **0800 051 3253**.

## **Anna Freud Centre resources**

For adoptive parents, special guardians and foster parents

<https://www.annafreud.org/parents-and-carers/adoptive-parents-special-guardians-and-foster-carers/>

For parents and carers

<https://www.annafreud.org/parents-and-carers/resources/>

Youth Wellbeing Directory – find the right service for your need by location, service name or keyword

<https://www.annafreud.org/on-my-mind/youth-wellbeing/find-a-service-near-you/>

Apps with self-help strategies reviewed by Anna Freud Centre, including self-harm reduction strategies

<https://www.annafreud.org/on-my-mind/self-care/apps-delivering-self-help-strategies/>

## **Safeguarding**

### **Childline – online and on the phone**

<https://www.childline.org.uk/kids/>

0800 1111

### **Report online abuse**

<https://www.ceop.police.uk/safety-centre>